

# FLORIDA CLUBHOUSE COALITION

Mental Health Support for Floridians

## Achieving Mental Health through Meaningful Work



### **Florida Clubhouses: A practical way to provide long-term support for people with mental illness**

Florida Clubhouses provide a simple solution to long-term support of people with a mental illness – meaningful work, employment and friends. Often diagnosed as children or adolescents, people with a chronic mental illness can spend a lifetime in and out of emergency rooms, jail and psychiatric hospitals.

Membership and participation with the Clubhouse can stop the crises, the frequent calls to law enforcement and emergency responders, the rushed trips to emergency rooms and urgent psychiatric hospitalizations.

The Clubhouse surrounds the person with a community of peers, working side by side with professional staff. Members show up for work on their chosen days, doing volunteer tasks and contributing to the maintenance and operations of the Clubhouse. Most participants avoid further hospitalization as long as they are engaged with Clubhouse activities.



### **Clubhouses Help People Avoid Crises**

In Florida, a great many adults who have serious mental illnesses have repeated mental health crises resulting frequent (and expensive) emergency hospitalizations and encounters with law enforcement.

The power of the Clubhouse International model is its effectiveness in keeping people out of the hospital and crisis and on a continuous path to recovery.

### **Clubhouses Save Florida Money**

Clubhouses provide year-round support to adults with serious mental illness at a very low cost, about \$2,500-\$3,500 per person per year. According to Becker's hospital review, psychiatric hospitalization costs as much as \$2,700 a day; county jail costs \$200 a day,

A Clubhouse member can save taxpayers thousands of dollars every year by participating in a Clubhouse program and avoiding crisis hospitalizations and encounters with law enforcement.

Additionally, members who get jobs through their Clubhouse employment programs pay taxes and are often able to reduce their reliance on disability benefits.

### **The Clubhouse Effect**

Results from a December 2016 anonymous survey of 204 members at eight Clubhouses in Florida show that among members who attended a year or more:

- **85% did not need services in a Crisis Stabilization Unit in the last year**
- **79% did not need to go to the emergency room for psychiatric issues in the last year**
- **85% did not have any interactions with law enforcement in the last year.**
- The vast majority of 204 Clubhouse members also noted that participating in their Clubhouse's "recovery through work" programs improved their self-confidence (87%), sense of hope (91%), meaningful relationships (88%) and confidence about going back to work (75%).



### Three Core Areas of Support Provided by Florida Clubhouses

#### INDEPENDENCE

Activities designed to help members become more independent

- Employment Services
- Education Support
- Housing Support
- Technology Lessons
- Volunteer Work Opportunities

#### COMMUNITY

Activities designed to help our members belong to a community

- Member Outreach Calls & Visits
- House & Team Meetings
- Social Media & Communication
- Advocacy & Awareness Events
- Social Events and Trips

#### HEALTH & WELLNESS

Activities designed to support the physical health of our members

- Breakfast & Lunch Preparation
- Nutritional Education
- Group Fitness Classes
- Individual Exercise
- Gardening

## Clubhouses and SB12

**SB12, one of the most far-reaching bills addressing mental health and substance abuse services passed by the Florida Legislature in recent years, became law on July 1, 2016.**

Florida Clubhouses are uniquely suited to address the intent of this new law in a way that is “based on client outcomes, are programmatically effective, and are financially efficient, and that maximize the involvement of local citizens.” (394.66 FS).

Clubhouse programs following the evidence based Clubhouse International model “reduce the occurrence, severity, duration, and disabling aspects of mental, emotional, and behavioral disorders.” (394.453 FS).

Clubhouses provide “housing support, life skills and vocational training, and employment assistance, necessary for persons with mental health disorders and co-occurring mental health and substance use disorders to live successfully in their communities.” (394.453 FS).

### Florida’s Clubhouses



#### Charlotte's Place

351 S. Bay Avenue  
Sanford, Florida 32771  
**Director:** Stacy Hodge  
**Phone:** 407-732-5364  
**Email:** [Stacy.Hodge@aspirehp.org](mailto:Stacy.Hodge@aspirehp.org)  
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#### Club Fellowship

5716 Commerce Lane  
Miami, FL 33143  
**Director:** Brittany Wolary  
**Phone:** 305-740-2420  
**Email:** [bwolary@fellowshiphouse.org](mailto:bwolary@fellowshiphouse.org)  
**Website:** [www.clubfellowship.org](http://www.clubfellowship.org)



#### Club SUCCESS

600 El Paseo  
Lakeland, FL 33805  
**Director:** Luis Rivas  
**Phone:** 863-519-0874  
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**Website:** [www.clubsuccess.net](http://www.clubsuccess.net)

#### Foot Print to Success

3511 NW 8th Avenue  
Pompano Beach, FL 33064  
**Director:** Barbara Harmon  
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**Website:** [www.footprintsuccess.org](http://www.footprintsuccess.org)

#### Gainesville Opportunity Center

2772 NW. 43rd St., Suite B-1  
Gainesville, FL 32606  
**Program Director:** Brett Buell  
**Phone:** 352-224-5523  
**Email:** [brett@goclubhouse.org](mailto:brett@goclubhouse.org)  
**Website:** [www.goclubhouse.org](http://www.goclubhouse.org)

#### The Light House

3185 East Thomas Street  
Inverness, FL 34453  
**Director:** Steven Schwenkler  
**Phone:** 352-344-2158  
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#### The Recovery Place

434 West Kennedy Boulevard  
Orlando, Florida 32810  
**Director:** Drake Matthews  
**Phone:** 407-875-3700 Ext. 2593  
**Email:** [drakem@lakesidecares.org](mailto:drakem@lakesidecares.org)



#### Vincent House

4801 78th Avenue North  
Pinellas Park, Florida 33781  
**Director:** William McKeever  
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#### Hope Clubhouse of SW Florida

3602 Broadway  
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#### The Key Clubhouse of South Florida

1400 NW 54th Street, Suite 102  
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